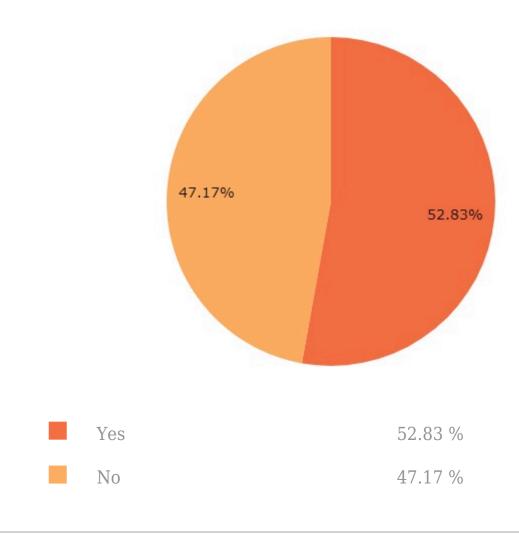
Q.1 Are you aware of the mental health services provided by Emirates Health Services?

Total responses 53

Total skipped 0



Q.2 What psychological services would you like to receive in health facilities?

Total responses 38

Total skipped 15

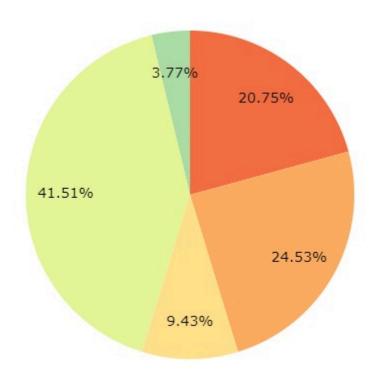
- 1. clinical and councelling services
- 2. Nothing
- 3. none
- 4. resillience training for the staff
- 5. councelling
- 6. positive counselling
- 7. stress free environment for work
- 8. Psychotherapy
- 9. mental health clinic
- 10. Individual therapy for doctors with mental health concerns, including, burnout, anxiety, depression.
- 11. life coach
- 12. not sure
- 13. refreshing of minds
- 14. nothing
- 15. Mental health and happiness related programme
- 16. counsilling and health education
- 17. Anxiety treatment
- 18. Good doctor,
- 19. meditation
- 20. Group meeting specially for elder people
- 21. Stress less atmosphere exercise in public community.
- 22. counselling
- 23. Group meetings and discussing doctors burn out,
- 24. Consultations
- 25. Child psychiatry
- 26. Emergency care. Addiction ward.
- 27. Depression
- 28. Anxiety CBT, Stress management
- 29. Counseling...services to reduce burn out in staff
- 30. None
- 31. Occupational CPT

- 32. Nil
- 33. Mental Well Being Stress Relieve
- 34. Good communication among doctor and patient in a good un disturbing environment
- 35. depression
- 36. Therapy and Counselling
- 37. counseling and psychotherapy
- 38. consultation about mental health issues and more tips on how to protect my mental health

Q.3 What are the best ways to provide psychological services in society?

Total responses 53

Total skipped 0



- Virtual care and telemedicine 20.75 %
- Smart psychological support 24.53 % applications

Chat rooms and ARTIFICIAL INTELLIGENCE applications	9.43 %
Visit your doctor at the mental health clinic	41.51 %
Other	3.77 %

Q.4 Write your notes or suggestions

Total responses 17

Total skipped 36

- 1. arrange more clinical psychologists for th councelling purposes
- 2. none
- 3. to provide 24 hour toll-free call answering psychological needs
- 4. all health care providers need psychological support due to stress at work place
- 5. nil
- 6. I think you need to meet and chat gith your doctor face to face for patients and psychotherapyis the best medicine in psychiatry, but i suggest creating therapy for the psychiatrist as well as they also suffer from depression due to affect of patient
- 7. It is a good start to receive a mental health counselling or advise from experts for healthy well being it can bring down stress alot among the population .
- 8. nothing
- 9. nil
- 10. There should be motivational lectures on at least quarterly basis
- 11. Create entertainment activities for the healthy atmosphere.
- 12. regular check ups for health care workers , healthy work culture awareness
- 13. Workshops on physician burnout
- 14. Mental health is a much bigger part of general health, even more than physical health. It needs regular check ups and aids. Today's world is nothing like the past, and the stresses and anxieties are overwhelming to enormous degrees.
- 15. All staff should a recieve a yearly mental health checkup.
- 16. NA
- 17. It is a good service