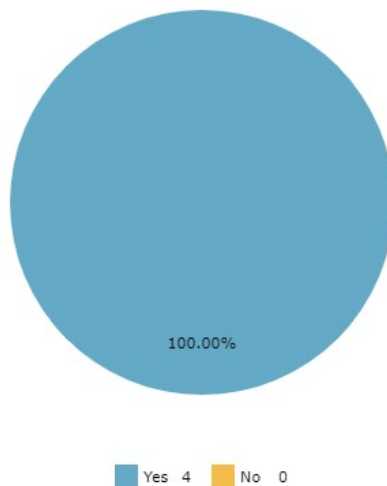


Q1 Do you know that feeling happy promotes and strengthens the immune system ?

Total responses : 4

Total skipped :



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Q2 Being mentally calm is your way for happiness, how do you think you can achieve mental calmness?

Total responses : 4

Total skipped :

1. Satisfaction
2. Several factors contribute to this. On an individual level people can meditate and exercise regularly which is said to clear one's mind. Other than that the government should strive to encourage more walking and biking opportunities in the city not just f
3. Stop thinking
4. know your limits,work honestly,believe in your self and take things positively

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### Q3 What are your suggestions for promoting the culture of happiness among community members?

Total responses : 4

Total skipped :

1. Increased events that encourage happiness
  2. For expats living away from home, it is extremely important to feel like they have friends and a community they can depend on to feel happy and supported. This needs to improve in Dubai. Opportunities of interactions among people are not equally distributed
  3. Happiness came from inside the human not from external factors
  4. all the community members are important and equally useful at their own positions like colorful stones in a necklace
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